

THE SCHMIDT INSECT STING PAIN INDEX

The Schmidt Pain Index was developed by Dr. Justin Schmidt, an entomologist, as a method for comparing the pain of various different insect stings he experienced during his work. The scale runs from 1 to 4, with four being the most painful. Pain can be subjective, varying from person to person, and this scale is therefore not absolute.

Key Pain:

1

2

3

4

Type:



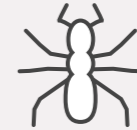
BEE



WASP



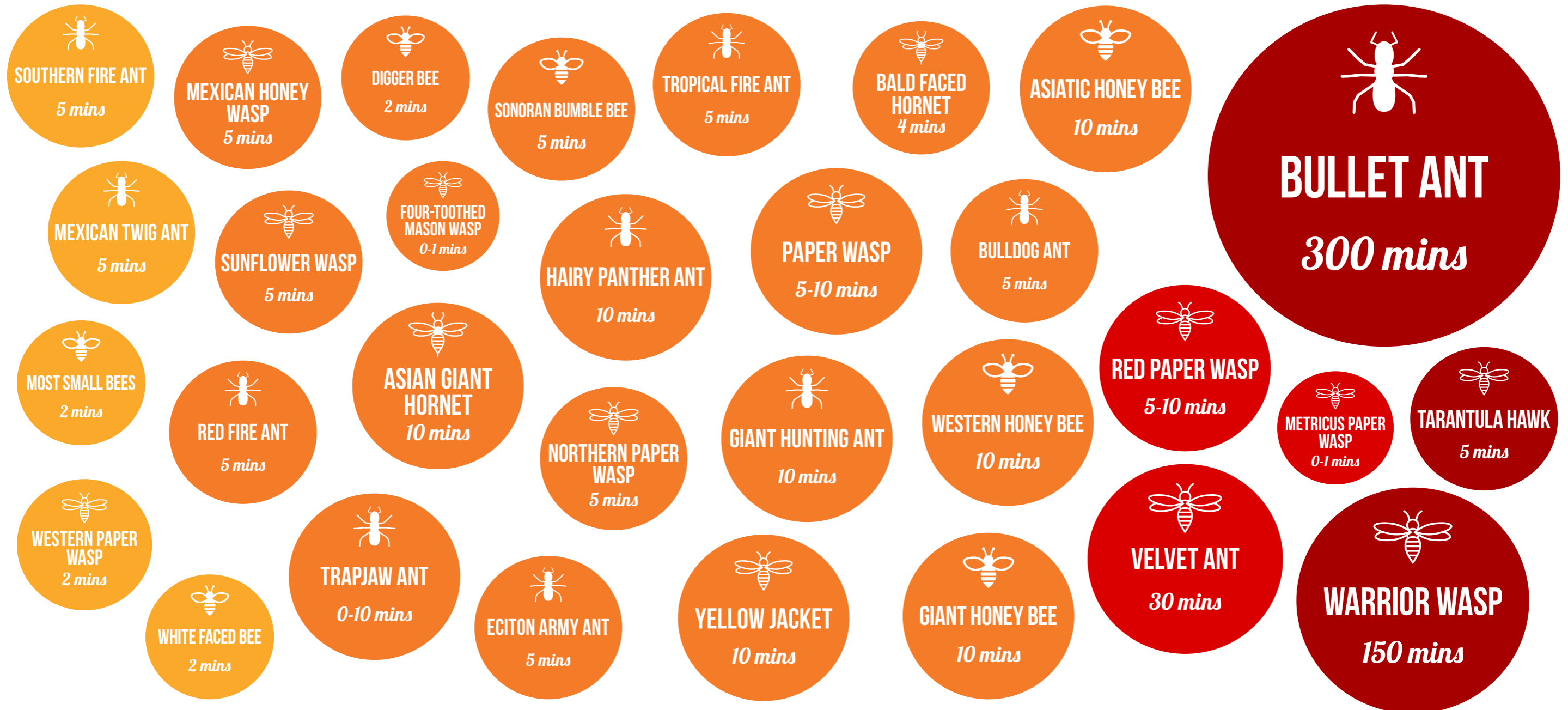
HORNET



ANT

SIZE

APPROXIMATE DURATION



Note: circles sizes relate to duration, but are for purposes of comparison only, and are not to scale. All durations are an average, and as with pain, are subject to variation.



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